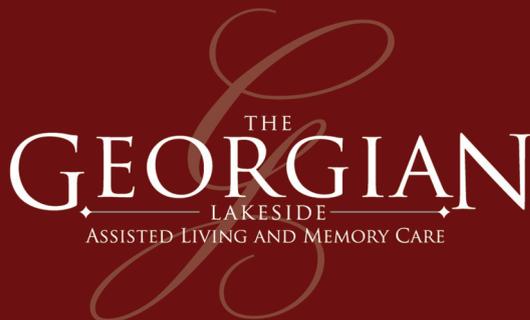


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## Ladies... IT'S REALLY OK TO SCHEDULE TIME FOR YOU

By **KIM PALMIERI, CLT/ALP**  
Practice Administrator  
Aesthetic Specialty Centre

Women often have a hard time justifying in their minds taking time out for themselves. Always playing the role of caregiver, organizer, mother, wife, employer, or employee leaves little time to focus on yourself, your health and anti-aging needs.

Just a very few years ago, all we had to offer patients was surgery or maintenance facials with very little in between. Today is a much different story. New Technologies and advanced treatments have increased the aesthetic benefits of in office procedures substantially.

There are so many options for today's women looking to appear more rested and refreshed, who are hoping to delay cosmetic surgery a few years with non-surgical possibilities.

"When thinking about improving our overall appearance, and choosing to look the best that we can for our age, this can mean we are not necessarily looking to change what we look like, but merely seeking noninvasive treatments and /or procedures that can assist in maintaining a more youthful - vibrant appearance. Treatments may include Botox to quiet expression lines & injectable fillers for revolumizing areas of the face". Says-Tracey Gregory, FNP-BC.

Another of our most appreciated therapies is phototherapy (also referred to as IPL or BBL). BBL is the latest technology that sets new standards. Standards that go above and beyond traditional IPL for skin conditions associated with aging and sun damage.

"BBL allows the provider to customize and precisely treat sun spots, small facial veins, uneven texture, and acne while giving you the added benefit of firming and tightening the skin. The light energy gently heats the upper layers of the skin, which stimulates cells to regenerate new collagen.

The result is smoother, vibrant, younger looking skin. Any area of the face and body can be treated, but most popular are face, neck, chest and back of hands". - Shares Leslie Volk, CLT/ALP.

Finding out about new options can be challenging when many of us don't even know what questions to ask to even begin the conversation. Best shared by one of our own patients are the questions and concerns surrounding overall feminine health and well-being:

Why is everyone suddenly talking about Vaginas???

"As a 50-something, mother of four, I had pretty much accepted the fact that the ravages of time and child-bearing had wreaked havoc on my body. Sure...an occasional facial or laser treatment, and a touch of Botox here and there, helped me look younger on the outside, and all those gym workouts kept my body somewhat active and flexible. My hairstylist helped me keep those gray hairs at bay, but something was missing! That special area that allowed me to feel like a woman needed the same kind of attention. Enter ThermiVa!

What is ThermiVa you ask? Nothing short of a miracle! A way of turning back the clock to the time before age and childbirth robbed my "lady parts" of their youth and vitality. ThermiVa uses the energy of radiofrequency to heat the tissues of the vagina and labia, using a specially designed and temperature-controlled "magic" wand. No pain...just a feeling of fullness and warmth. Three sessions, four weeks apart and...VOILA!!! Increased lubrication, increased tightness, and best of all...increased sensation! The results are instant and keep building with each subsequent treatment." - DF - ASC patient

Aesthetic Specialty Centre has had the luxury of caring for patients in and around the Roswell area for 15+ years.

Marc E.Yune, MD (Double Board Certified Facial Plastic and Reconstructive Surgeon) along with Raven Elosiebo -Walker, MD (Board Certified Dermatologist) and their team of experts offer products and treatments that will satisfy each of your individual personal/ clinical concerns.

Our goal is to ensure that every experience you have in our office exceeds your expectations.

ASC truly offers a treatment for every patient concern from head to toe and every area in between. ■